



Full Nutrition Information

Last Updated: 03/23/2016

| | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
|--|----------|-------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-------------------|------------|-------------|
|--|----------|-------------------|---------------|-------------------|---------------|------------------|-------------|-------------------------|-------------------|------------|-------------|

Breakfast

| | | | | | | | | | | | |
|---|-----|-----|----|-----|-----|-----|-------|-----|----|----|----|
| Breakfast Crunchwrap - Bacon | 670 | 380 | 42 | 12 | 0 | 145 | 1,300 | 51 | 4 | 3 | 21 |
| Breakfast Crunchwrap - California | 630 | 340 | 38 | 11 | 0 | 140 | 1,390 | 52 | 5 | 3 | 21 |
| Breakfast Crunchwrap - Sausage | 700 | 410 | 46 | 14 | 0 | 150 | 1,200 | 51 | 4 | 3 | 21 |
| Breakfast Crunchwrap - Steak | 650 | 350 | 39 | 11 | 0 | 150 | 1,280 | 51 | 4 | 3 | 24 |
| Breakfast Grilled Taco - Bacon | 240 | 130 | 14 | 5 | 0 | 120 | 580 | 15 | <1 | 1 | 11 |
| Breakfast Grilled Taco - Egg & Cheese | 170 | 80 | 9 | 3 | 0 | 105 | 330 | 15 | <1 | <1 | 7 |
| Breakfast Grilled Taco - Sausage | 230 | 130 | 14 | 5 | 0 | 115 | 400 | 15 | <1 | <1 | 9 |
| Cheesy Burrito - Bacon | 490 | 250 | 28 | 11 | 0 | 240 | 1,080 | 37 | 2 | 3 | 23 |
| Cheesy Burrito - Bacon - Fresco Style | 390 | 180 | 20 | 6 | 0 | 210 | 930 | 36 | 2 | 3 | 16 |
| Cheesy Burrito - Fiesta Potato | 520 | 250 | 27 | 10 | 0 | 225 | 1,050 | 49 | 3 | 3 | 20 |
| Cheesy Burrito - Fiesta Potato - Fresco Style | 420 | 170 | 19 | 4.5 | 0 | 195 | 900 | 48 | 4 | 3 | 13 |
| Cheesy Burrito - Sausage | 480 | 260 | 28 | 11 | 0 | 235 | 900 | 36 | 2 | 2 | 20 |
| Cheesy Burrito - Sausage - Fresco Style | 380 | 180 | 20 | 6 | 0 | 205 | 750 | 35 | 2 | 3 | 14 |
| Cheesy Burrito - Steak & Egg | 480 | 230 | 25 | 10 | 0 | 245 | 1,060 | 37 | 2 | 2 | 26 |
| Cheesy Burrito - Steak & Egg - Fresco Style | 370 | 150 | 17 | 5 | 0 | 215 | 910 | 36 | 2 | 3 | 19 |
| Cinnabon® Delights™ (12 Pack - Serves 4) | 930 | 480 | 53 | 13 | 2 | 40 | 480 | 104 | 3 | 59 | 9 |
| Cinnabon® Delights™ (2 Pack) | 160 | 80 | 9 | 2 | 0 | 5 | 80 | 17 | 0 | 10 | 2 |
| Cinnabon® Delights™ (4 Pack) | 310 | 160 | 18 | 4.5 | 0.5 | 15 | 160 | 35 | <1 | 20 | 3 |
| Grande Scrambler Burrito - Bacon | 650 | 310 | 34 | 9 | 0 | 225 | 1,490 | 64 | 5 | 5 | 21 |
| Grande Scrambler Burrito - Sausage | 640 | 310 | 34 | 9 | 0 | 220 | 1,310 | 64 | 5 | 4 | 19 |
| Grande Scrambler Burrito - Steak | 630 | 280 | 31 | 8 | 0 | 230 | 1,470 | 65 | 5 | 4 | 24 |
| Grilled Breakfast Burrito - Bacon | 350 | 150 | 17 | 5 | 0 | 115 | 900 | 37 | 2 | 3 | 13 |
| Grilled Breakfast Burrito - Fiesta Potato | 340 | 130 | 14 | 3.5 | 0 | 100 | 780 | 43 | 3 | 3 | 10 |
| Grilled Breakfast Burrito - Sausage | 340 | 160 | 17 | 5 | 0 | 110 | 730 | 36 | 2 | 3 | 11 |
| Hashbrown | 160 | 100 | 12 | 1 | 0 | 0 | 270 | 13 | 2 | 0 | 1 |
| Mini Skillet Bowl | 180 | 100 | 11 | 2 | 0 | 100 | 430 | 16 | 1 | 1 | 5 |

| | | | | | | | | | | | |
|--|-----|-----|-----|---|---|-----|-----|----|---|----|----|
| Nestle® Coffee-Mate™ Original Creamer | 30 | 15 | 1.5 | 0 | 0 | 0 | 0 | 3 | 0 | 3 | 0 |
| Rainforest Coffee | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2 |
| Rainforest Coffee with Nestle® Coffee-Mate™ Original Creamer | 35 | 15 | 1.5 | 0 | 0 | 0 | 0 | 3 | 0 | 3 | 2 |
| Sausage Flatbread Melt | 250 | 110 | 12 | 4 | 0 | 20 | 350 | 26 | 1 | 3 | 9 |
| Sausage Flatbread Quesadilla | 300 | 150 | 16 | 5 | 0 | 115 | 460 | 27 | 1 | 3 | 12 |
| Tropicana® Orange Juice | 140 | 0 | 0 | 0 | 0 | 0 | 20 | 32 | 0 | 28 | 2 |

Morning Dollar Value Menu

| | | | | | | | | | | | |
|--|-----|-----|-----|-----|---|-----|-----|----|----|----|----|
| Breakfast Grilled Taco - Bacon | 240 | 130 | 14 | 5 | 0 | 120 | 580 | 15 | <1 | 1 | 11 |
| Breakfast Grilled Taco - Egg & Cheese | 170 | 80 | 9 | 3 | 0 | 105 | 330 | 15 | <1 | <1 | 7 |
| Breakfast Grilled Taco - Sausage | 230 | 130 | 14 | 5 | 0 | 115 | 400 | 15 | <1 | <1 | 9 |
| Cinnabon® Delights™ (2 Pack) | 160 | 80 | 9 | 2 | 0 | 5 | 80 | 17 | 0 | 10 | 2 |
| Grilled Breakfast Burrito - Bacon | 350 | 150 | 17 | 5 | 0 | 115 | 900 | 37 | 2 | 3 | 13 |
| Grilled Breakfast Burrito - Fiesta Potato | 340 | 130 | 14 | 3.5 | 0 | 100 | 780 | 43 | 3 | 3 | 10 |
| Grilled Breakfast Burrito - Sausage | 340 | 160 | 17 | 5 | 0 | 110 | 730 | 36 | 2 | 3 | 11 |
| Hashbrown | 160 | 100 | 12 | 1 | 0 | 0 | 270 | 13 | 2 | 0 | 1 |
| Mini Skillet Bowl | 180 | 100 | 11 | 2 | 0 | 100 | 430 | 16 | 1 | 1 | 5 |
| Mountain Dew® Kickstart™ Orange Citrus | 80 | 0 | 0 | 0 | 0 | 0 | 70 | 22 | 0 | 20 | 0 |
| Rainforest Coffee | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2 |
| Rainforest Coffee with Nestle® Coffee-Mate™ Original Creamer | 35 | 15 | 1.5 | 0 | 0 | 0 | 0 | 3 | 0 | 3 | 2 |
| Sausage Flatbread Quesadilla | 300 | 150 | 16 | 5 | 0 | 115 | 460 | 27 | 1 | 3 | 12 |

Breakfast - Limited Time Offer

| | | | | | | | | | | | |
|-------------------------------|-----|-----|----|----|---|-----|-------|----|---|---|----|
| Breakfast Quesalupa - Bacon | 560 | 310 | 34 | 12 | 0 | 145 | 1,150 | 42 | 3 | 3 | 21 |
| Breakfast Quesalupa - Sausage | 590 | 340 | 38 | 13 | 0 | 150 | 1,050 | 42 | 3 | 2 | 21 |

Burritos

| | | | | | | | | | | | |
|---------------------------------|-----|-----|----|-----|-----|----|-------|----|---|---|----|
| 7-Layer Burrito | 430 | 140 | 16 | 6 | 0 | 15 | 1,020 | 57 | 7 | 4 | 14 |
| Bean Burrito | 370 | 100 | 11 | 4 | 0 | 5 | 1,050 | 55 | 8 | 3 | 15 |
| Beefy 5-Layer Burrito | 500 | 170 | 19 | 7 | 0 | 30 | 1,280 | 64 | 8 | 5 | 19 |
| Beefy Fritos® Burrito | 430 | 160 | 18 | 5 | 0 | 20 | 1,020 | 55 | 4 | 3 | 13 |
| Beefy Nacho Loaded Griller | 380 | 140 | 16 | 4 | 0 | 20 | 830 | 47 | 5 | 3 | 12 |
| Black Bean Burrito | 380 | 100 | 11 | 4 | 0 | 10 | 1,030 | 57 | 8 | 3 | 14 |
| Burrito Supreme® - Beef | 410 | 140 | 15 | 6 | 0 | 30 | 1,140 | 51 | 7 | 4 | 17 |
| Burrito Supreme® - Chicken | 390 | 100 | 12 | 4.5 | 0 | 40 | 1,090 | 50 | 6 | 4 | 20 |
| Burrito Supreme® - Steak | 390 | 110 | 12 | 5 | 0 | 35 | 1,110 | 50 | 6 | 4 | 19 |
| Cheesy Bean & Rice Burrito | 420 | 160 | 17 | 3.5 | 0 | 5 | 920 | 55 | 6 | 4 | 11 |
| Cheesy Potato Burrito | 490 | 200 | 22 | 7 | 0.5 | 40 | 1,300 | 54 | 7 | 4 | 18 |
| Chili Cheese Burrito (regional) | 370 | 150 | 17 | 8 | 0.5 | 40 | 960 | 40 | 4 | 2 | 16 |
| Chipotle Chicken Loaded Griller | 350 | 140 | 16 | 4 | 0 | 40 | 810 | 37 | 2 | 3 | 15 |
| Combo Burrito | 450 | 170 | 18 | 7 | 0.5 | 40 | 1,380 | 51 | 9 | 3 | 21 |

| | | | | | | | | | | | |
|--|-----|-----|----|-----|-----|----|-------|----|----|---|----|
| Loaded Potato Griller | 410 | 160 | 18 | 5 | 0 | 20 | 1,030 | 50 | 3 | 4 | 12 |
| Quesarito - Beef | 650 | 300 | 33 | 12 | 0.5 | 60 | 1,450 | 65 | 5 | 4 | 21 |
| Quesarito - Chicken | 620 | 270 | 30 | 10 | 0 | 60 | 1,430 | 64 | 4 | 4 | 24 |
| Quesarito - Steak | 630 | 280 | 31 | 11 | 0 | 65 | 1,430 | 64 | 3 | 4 | 24 |
| Shredded Chicken Burrito | 400 | 160 | 18 | 4.5 | 0 | 30 | 960 | 45 | 3 | 3 | 16 |
| Smothered Burrito - Beef | 700 | 310 | 35 | 13 | 1 | 70 | 2,260 | 68 | 9 | 4 | 28 |
| Smothered Burrito - Shredded Chicken | 640 | 250 | 27 | 9 | 0 | 70 | 2,220 | 65 | 7 | 4 | 34 |
| Smothered Burrito - Steak | 660 | 260 | 29 | 10 | 0 | 80 | 2,210 | 65 | 6 | 3 | 33 |
| XXL Grilled Stuff Burrito - Beef | 860 | 370 | 41 | 14 | 1 | 65 | 2,200 | 91 | 12 | 6 | 32 |
| XXL Grilled Stuff Burrito - Shredded Chicken | 810 | 300 | 34 | 11 | 0 | 65 | 2,160 | 88 | 10 | 6 | 38 |
| XXL Grilled Stuff Burrito - Steak | 820 | 320 | 35 | 12 | 0 | 75 | 2,140 | 88 | 9 | 6 | 37 |

Cantina Power

High protein meets big flavor, featuring items only 500 calories or less.

| | | | | | | | | | | | |
|---------------------------------|-----|-----|----|---|---|----|-------|----|----|---|----|
| Cantina Power Bowl - Chicken | 490 | 180 | 19 | 6 | 0 | 75 | 1,280 | 49 | 8 | 3 | 29 |
| Cantina Power Bowl - Steak | 490 | 190 | 21 | 7 | 0 | 65 | 1,320 | 48 | 8 | 3 | 27 |
| Cantina Power Bowl - Veggie | 460 | 170 | 18 | 5 | 0 | 20 | 1,040 | 58 | 13 | 3 | 16 |
| Cantina Power Burrito - Chicken | 450 | 170 | 19 | 7 | 0 | 75 | 1,180 | 43 | 4 | 4 | 28 |
| Cantina Power Burrito - Steak | 460 | 190 | 21 | 8 | 0 | 65 | 1,230 | 42 | 4 | 4 | 25 |
| Cantina Power Burrito - Veggie | 430 | 160 | 18 | 6 | 0 | 20 | 950 | 52 | 9 | 5 | 14 |

Dollar Cravings

| | | | | | | | | | | | |
|----------------------------------|-----|-----|----|-----|---|----|-------|----|----|----|----|
| Beefy Fritos® Burrito | 430 | 160 | 18 | 5 | 0 | 20 | 1,020 | 55 | 4 | 3 | 13 |
| Beefy Mini Quesadilla | 210 | 110 | 12 | 4 | 0 | 25 | 560 | 17 | 3 | 1 | 9 |
| Caramel Apple Empanada | 310 | 140 | 15 | 2.5 | 0 | 0 | 310 | 39 | 2 | 13 | 3 |
| Cheese Roll-Up | 180 | 80 | 9 | 5 | 0 | 20 | 430 | 15 | 2 | <1 | 9 |
| Cheesy Bean & Rice Burrito | 420 | 160 | 17 | 3.5 | 0 | 5 | 920 | 55 | 6 | 4 | 11 |
| Cinnabon® Delights™ (2 Pack) | 160 | 80 | 9 | 2 | 0 | 5 | 80 | 17 | 0 | 10 | 2 |
| Cinnamon Twists | 170 | 50 | 6 | 0 | 0 | 0 | 210 | 27 | <1 | 12 | 1 |
| Shredded Chicken Mini Quesadilla | 180 | 70 | 8 | 2.5 | 0 | 25 | 540 | 15 | 2 | 1 | 12 |
| Spicy Potato Soft Taco | 240 | 110 | 12 | 3 | 0 | 10 | 480 | 27 | 2 | 1 | 5 |
| Spicy Tostada | 210 | 90 | 10 | 3 | 0 | 10 | 450 | 22 | 4 | 1 | 7 |
| Triple Layer Nachos | 320 | 130 | 15 | 1.5 | 0 | 0 | 600 | 41 | 6 | 2 | 7 |

Freezes

| | | | | | | | | | | | |
|--|-----|---|---|---|---|---|----|----|---|----|---|
| Mountain Dew® Baja Blast Freeze™ (16 oz) | 230 | 0 | 0 | 0 | 0 | 0 | 70 | 58 | 0 | 54 | 0 |
| Mountain Dew® Baja Blast Freeze™ (20 oz) | 290 | 0 | 0 | 0 | 0 | 0 | 85 | 72 | 0 | 67 | 0 |
| Rockstar® Punch Freeze™ (16 oz) | 220 | 0 | 0 | 0 | 0 | 0 | 65 | 56 | 0 | 56 | 0 |
| Starburst® Strawberry Freeze™ (16 oz) | 220 | 0 | 0 | 0 | 0 | 0 | 20 | 56 | 0 | 54 | 0 |
| Starburst® Strawberry Freeze™ (20 oz) | 280 | 0 | 0 | 0 | 0 | 0 | 25 | 70 | 0 | 67 | 0 |

Fresco Menu

Enjoy our 7 signature Fresco items, each with only 350 calories or less and all under 10 grams of fat.

| | | | | | | | | | | | |
|-------------------------------------|-----|----|-----|-----|---|----|-------|----|---|---|----|
| Fresco Bean Burrito | 350 | 80 | 9 | 2.5 | 0 | 0 | 1,040 | 55 | 9 | 4 | 13 |
| Fresco Burrito Supreme® - Chicken | 340 | 70 | 8 | 2.5 | 0 | 25 | 1,060 | 49 | 6 | 4 | 19 |
| Fresco Burrito Supreme® - Steak | 340 | 80 | 9 | 3 | 0 | 20 | 1,080 | 48 | 6 | 4 | 17 |
| Fresco Crunchy Taco - Beef | 150 | 70 | 8 | 2.5 | 0 | 20 | 310 | 13 | 3 | 1 | 6 |
| Fresco Soft Taco - Beef | 160 | 60 | 7 | 2.5 | 0 | 20 | 490 | 18 | 3 | 2 | 8 |
| Fresco Soft Taco - Shredded Chicken | 140 | 30 | 3.5 | 1 | 0 | 15 | 470 | 16 | 2 | 2 | 10 |
| Fresco Soft Taco - Steak | 140 | 35 | 4 | 1.5 | 0 | 20 | 470 | 17 | 1 | 2 | 10 |

Fresco Style

When made Fresco Style, these items will represent at least a 25% reduction in fat. Fresco-Style means our freshly prepared pico de gallo is substituted for any mayo based sauces, guacamole, reduced-fat sour cream and cheese. Customize your item on our Nutrition Calculator

| | | | | | | | | | | | |
|---|-----|-----|----|-----|-----|-----|-------|----|----|----|----|
| 7-Layer Burrito | 430 | 140 | 16 | 6 | 0 | 15 | 1,020 | 57 | 7 | 4 | 14 |
| Black Bean Burrito | 380 | 100 | 11 | 4 | 0 | 10 | 1,030 | 57 | 8 | 3 | 14 |
| Burrito Supreme® - Beef | 410 | 140 | 15 | 6 | 0 | 30 | 1,140 | 51 | 7 | 4 | 17 |
| Burrito Supreme® - Chicken | 390 | 100 | 12 | 4.5 | 0 | 40 | 1,090 | 50 | 6 | 4 | 20 |
| Burrito Supreme® - Steak | 390 | 110 | 12 | 5 | 0 | 35 | 1,110 | 50 | 6 | 4 | 19 |
| Cantina Power Bowl - Chicken | 490 | 180 | 19 | 6 | 0 | 75 | 1,280 | 49 | 8 | 3 | 29 |
| Cantina Power Bowl - Steak | 490 | 190 | 21 | 7 | 0 | 65 | 1,320 | 48 | 8 | 3 | 27 |
| Cantina Power Bowl - Veggie | 460 | 170 | 18 | 5 | 0 | 20 | 1,040 | 58 | 13 | 3 | 16 |
| Cantina Power Burrito - Chicken | 450 | 170 | 19 | 7 | 0 | 75 | 1,180 | 43 | 4 | 4 | 28 |
| Cantina Power Burrito - Steak | 460 | 190 | 21 | 8 | 0 | 65 | 1,230 | 42 | 4 | 4 | 25 |
| Cantina Power Burrito - Veggie | 430 | 160 | 18 | 6 | 0 | 20 | 950 | 52 | 9 | 5 | 14 |
| Chalupa Supreme® - Beef | 360 | 190 | 21 | 5 | 0 | 30 | 580 | 31 | 4 | 4 | 13 |
| Chalupa Supreme® - Chicken | 340 | 160 | 17 | 3.5 | 0 | 35 | 530 | 30 | 2 | 4 | 17 |
| Cheesy Bean & Rice Burrito | 420 | 160 | 17 | 3.5 | 0 | 5 | 920 | 55 | 6 | 4 | 11 |
| Cheesy Burrito - Bacon | 490 | 250 | 28 | 11 | 0 | 240 | 1,080 | 37 | 2 | 3 | 23 |
| Cheesy Burrito - Fiesta Potato | 520 | 250 | 27 | 10 | 0 | 225 | 1,050 | 49 | 3 | 3 | 20 |
| Cheesy Burrito - Sausage | 480 | 260 | 28 | 11 | 0 | 235 | 900 | 36 | 2 | 2 | 20 |
| Cheesy Burrito - Steak & Egg | 480 | 230 | 25 | 10 | 0 | 245 | 1,060 | 37 | 2 | 2 | 26 |
| Cheesy Fiesta Potatoes | 230 | 110 | 12 | 2 | 0 | 5 | 520 | 28 | 2 | 2 | 3 |
| Cheesy Potato Burrito | 490 | 200 | 22 | 7 | 0.5 | 40 | 1,300 | 54 | 7 | 4 | 18 |
| Chili Cheese Burrito (regional) | 370 | 150 | 17 | 8 | 0.5 | 40 | 960 | 40 | 4 | 2 | 16 |
| Combo Burrito | 450 | 170 | 18 | 7 | 0.5 | 40 | 1,380 | 51 | 9 | 3 | 21 |
| Cool Ranch® Doritos® Locos Taco Supreme® | 190 | 100 | 11 | 4.5 | 0 | 30 | 400 | 15 | 3 | 2 | 8 |
| Crunchwrap Supreme® | 530 | 190 | 21 | 6 | 0 | 25 | 1,200 | 71 | 6 | 6 | 16 |
| Double Decker® Taco Supreme® | 340 | 140 | 15 | 6 | 0 | 30 | 730 | 38 | 7 | 3 | 14 |
| Double Tostada | 270 | 100 | 11 | 4 | 0 | 15 | 650 | 32 | 7 | 2 | 12 |
| Fiery Doritos® Locos Taco Supreme® | 190 | 100 | 11 | 4.5 | 0 | 30 | 400 | 15 | 3 | 2 | 8 |
| Gordita Supreme® - Beef | 290 | 110 | 12 | 4.5 | 0 | 30 | 580 | 31 | 3 | 5 | 13 |
| Gordita Supreme® - Chicken | 260 | 80 | 9 | 3 | 0 | 35 | 530 | 30 | 2 | 5 | 17 |
| Gordita Supreme® - Steak | 270 | 90 | 9 | 3.5 | 0 | 30 | 550 | 30 | 2 | 5 | 16 |
| Grilled Steak Soft Taco | 200 | 80 | 9 | 3.5 | 0 | 30 | 520 | 17 | 1 | 2 | 12 |
| Loaded Potato Griller | 410 | 160 | 18 | 5 | 0 | 20 | 1,030 | 50 | 3 | 4 | 12 |
| Nacho Cheese Doritos® Locos Taco Supreme® | 190 | 100 | 11 | 4.5 | 0 | 30 | 390 | 15 | 3 | 2 | 8 |
| Pintos 'n Cheese | 190 | 60 | 7 | 3 | 0 | 10 | 670 | 21 | 6 | <1 | 11 |

| | | | | | | | | | | | |
|--|-----|-----|----|-----|---|----|-------|----|----|---|----|
| Shredded Chicken Burrito | 400 | 160 | 18 | 4.5 | 0 | 30 | 960 | 45 | 3 | 3 | 16 |
| Smothered Burrito - Beef | 700 | 310 | 35 | 13 | 1 | 70 | 2,260 | 68 | 9 | 4 | 28 |
| Smothered Burrito - Shredded Chicken | 640 | 250 | 27 | 9 | 0 | 70 | 2,220 | 65 | 7 | 4 | 34 |
| Smothered Burrito - Steak | 660 | 260 | 29 | 10 | 0 | 80 | 2,210 | 65 | 6 | 3 | 33 |
| Soft Taco - Chicken | 160 | 50 | 5 | 2.5 | 0 | 25 | 480 | 16 | 2 | 1 | 12 |
| Soft Taco Supreme® - Beef | 210 | 90 | 10 | 5 | 0 | 30 | 520 | 20 | 3 | 2 | 10 |
| Spicy Potato Soft Taco | 240 | 110 | 12 | 3 | 0 | 10 | 480 | 27 | 2 | 1 | 5 |
| Spicy Tostada | 210 | 90 | 10 | 3 | 0 | 10 | 450 | 22 | 4 | 1 | 7 |
| XXL Grilled Stuff Burrito - Beef | 860 | 370 | 41 | 14 | 1 | 65 | 2,200 | 91 | 12 | 6 | 32 |
| XXL Grilled Stuff Burrito - Shredded Chicken | 810 | 300 | 34 | 11 | 0 | 65 | 2,160 | 88 | 10 | 6 | 38 |
| XXL Grilled Stuff Burrito - Steak | 820 | 320 | 35 | 12 | 0 | 75 | 2,140 | 88 | 9 | 6 | 37 |

Limited Time Offer

| | | | | | | | | | | | |
|---------------------|-----|-----|----|----|-----|----|-----|----|---|---|----|
| Quesalupa - Beef | 460 | 240 | 26 | 11 | 1 | 50 | 890 | 38 | 4 | 3 | 19 |
| Quesalupa - Chicken | 440 | 200 | 23 | 10 | 0.5 | 60 | 840 | 37 | 3 | 3 | 22 |
| Quesalupa - Steak | 440 | 210 | 23 | 10 | 0.5 | 55 | 860 | 36 | 3 | 3 | 21 |

Sides

| | | | | | | | | | | | |
|------------------------------|-----|-----|-----|-----|---|----|-----|----|---|----|----|
| Black Beans | 80 | 10 | 1.5 | 0 | 0 | 0 | 200 | 12 | 5 | <1 | 4 |
| Black Beans & Rice | 180 | 35 | 4 | 0 | 0 | 0 | 430 | 30 | 5 | <1 | 6 |
| Cheesy Fiesta Potatoes | 230 | 110 | 12 | 2 | 0 | 5 | 520 | 28 | 2 | 2 | 3 |
| Chips and Guacamole | 320 | 180 | 20 | 2.5 | 0 | 0 | 450 | 32 | 6 | 1 | 4 |
| Chips and Nacho Cheese Sauce | 300 | 150 | 17 | 1.5 | 0 | 5 | 460 | 34 | 3 | 2 | 4 |
| Chips and Salsa | 240 | 100 | 11 | 1 | 0 | 0 | 590 | 32 | 4 | 3 | 3 |
| Nacho Cheese Doritos® Chips | 140 | 70 | 8 | 1 | 0 | 0 | 210 | 16 | 1 | 0 | 2 |
| Pintos 'n Cheese | 190 | 60 | 7 | 3 | 0 | 10 | 670 | 21 | 6 | <1 | 11 |
| Premium Latin Rice | 100 | 25 | 2.5 | 0 | 0 | 0 | 230 | 18 | 0 | 0 | 2 |

Specialties

| | | | | | | | | | | | |
|--|-----|-----|----|-----|---|----|-------|----|----|----|----|
| Beefy Mini Quesadilla | 210 | 110 | 12 | 4 | 0 | 25 | 560 | 17 | 3 | 1 | 9 |
| Chalupa Supreme® - Beef | 360 | 190 | 21 | 5 | 0 | 30 | 580 | 31 | 4 | 4 | 13 |
| Chalupa Supreme® - Chicken | 340 | 160 | 17 | 3.5 | 0 | 35 | 530 | 30 | 2 | 4 | 17 |
| Chalupa Supreme® - Steak | 340 | 160 | 18 | 4 | 0 | 30 | 550 | 30 | 2 | 3 | 16 |
| Cheese Roll-Up | 180 | 80 | 9 | 5 | 0 | 20 | 430 | 15 | 2 | <1 | 9 |
| Cheesy Gordita Crunch | 500 | 260 | 29 | 10 | 1 | 55 | 880 | 41 | 5 | 5 | 20 |
| Cool Ranch® Doritos® Cheesy Gordita Crunch | 500 | 260 | 29 | 10 | 1 | 55 | 940 | 41 | 5 | 5 | 20 |
| Crunchwrap Supreme® | 530 | 190 | 21 | 6 | 0 | 25 | 1,200 | 71 | 6 | 6 | 16 |
| Double Tostada | 270 | 100 | 11 | 4 | 0 | 15 | 650 | 32 | 7 | 2 | 12 |
| Express Fiesta Taco Salad (regional) | 570 | 240 | 26 | 9 | 1 | 55 | 1,380 | 62 | 11 | 6 | 22 |
| Fiery Doritos® Cheesy Gordita Crunch | 500 | 260 | 29 | 10 | 1 | 55 | 940 | 40 | 5 | 5 | 20 |
| Fiesta Taco Salad - Beef | 770 | 360 | 40 | 10 | 1 | 55 | 1,590 | 76 | 11 | 7 | 26 |
| Fiesta Taco Salad - Chicken | 730 | 300 | 33 | 7 | 0 | 70 | 1,490 | 74 | 8 | 7 | 33 |
| Fiesta Taco Salad - Steak | 730 | 320 | 35 | 8 | 0 | 60 | 1,540 | 73 | 8 | 7 | 31 |

| | | | | | | | | | | | |
|---|-----|-----|----|-----|-----|----|-------|----|----|---|----|
| Gordita Supreme® - Beef | 290 | 110 | 12 | 4.5 | 0 | 30 | 580 | 31 | 3 | 5 | 13 |
| Gordita Supreme® - Chicken | 260 | 80 | 9 | 3 | 0 | 35 | 530 | 30 | 2 | 5 | 17 |
| Gordita Supreme® - Steak | 270 | 90 | 9 | 3.5 | 0 | 30 | 550 | 30 | 2 | 5 | 16 |
| Mexican Pizza | 550 | 270 | 30 | 8 | 0.5 | 40 | 990 | 49 | 7 | 3 | 20 |
| Meximelt® | 250 | 120 | 14 | 7 | 0.5 | 40 | 730 | 19 | 3 | 2 | 14 |
| Nacho Cheese Doritos® Cheesy Gordita Crunch | 500 | 260 | 29 | 10 | 1 | 55 | 930 | 41 | 5 | 5 | 20 |
| Nachos BellGrande® | 760 | 340 | 38 | 6 | 0 | 25 | 1,300 | 84 | 13 | 5 | 19 |
| Nachos Supreme® | 440 | 210 | 23 | 4.5 | 0 | 25 | 850 | 46 | 8 | 3 | 12 |
| Quesadilla - Cheese | 460 | 230 | 26 | 11 | 0.5 | 50 | 980 | 37 | 4 | 3 | 19 |
| Quesadilla - Chicken | 510 | 240 | 27 | 12 | 0.5 | 75 | 1,200 | 39 | 4 | 3 | 28 |
| Quesadilla - Steak | 510 | 250 | 28 | 12 | 0.5 | 70 | 1,220 | 38 | 4 | 3 | 27 |
| Shredded Chicken Mini Quesadilla | 180 | 70 | 8 | 2.5 | 0 | 25 | 540 | 15 | 2 | 1 | 12 |
| Spicy Tostada | 210 | 90 | 10 | 3 | 0 | 10 | 450 | 22 | 4 | 1 | 7 |
| Triple Layer Nachos | 320 | 130 | 15 | 1.5 | 0 | 0 | 600 | 41 | 6 | 2 | 7 |

Sweets

| | | | | | | | | | | | |
|--|-----|-----|----|-----|-----|----|-----|-----|----|----|---|
| Caramel Apple Empanada | 310 | 140 | 15 | 2.5 | 0 | 0 | 310 | 39 | 2 | 13 | 3 |
| Cinnabon® Delights™ (12 Pack - Serves 4) | 930 | 480 | 53 | 13 | 2 | 40 | 480 | 104 | 3 | 59 | 9 |
| Cinnabon® Delights™ (2 Pack) | 160 | 80 | 9 | 2 | 0 | 5 | 80 | 17 | 0 | 10 | 2 |
| Cinnabon® Delights™ (4 Pack) | 310 | 160 | 18 | 4.5 | 0.5 | 15 | 160 | 35 | <1 | 20 | 3 |
| Cinnamon Twists | 170 | 50 | 6 | 0 | 0 | 0 | 210 | 27 | <1 | 12 | 1 |

Tacos

| | | | | | | | | | | | |
|---|-----|-----|----|-----|---|----|-----|----|---|----|----|
| Cool Ranch® Doritos® Double Decker® Taco | 320 | 120 | 14 | 5 | 0 | 25 | 770 | 36 | 6 | 2 | 13 |
| Cool Ranch® Doritos® Locos Taco | 170 | 90 | 10 | 3.5 | 0 | 25 | 380 | 13 | 3 | <1 | 8 |
| Cool Ranch® Doritos® Locos Taco Supreme® | 190 | 100 | 11 | 4.5 | 0 | 30 | 400 | 15 | 3 | 2 | 8 |
| Crunchy Taco | 170 | 90 | 10 | 3.5 | 0 | 25 | 320 | 13 | 3 | <1 | 8 |
| Crunchy Taco Supreme® | 190 | 100 | 11 | 4.5 | 0 | 30 | 340 | 15 | 3 | 2 | 8 |
| Double Decker® Taco | 320 | 120 | 14 | 5 | 0 | 25 | 710 | 36 | 7 | 2 | 13 |
| Double Decker® Taco Supreme® | 340 | 140 | 15 | 6 | 0 | 30 | 730 | 38 | 7 | 3 | 14 |
| Fiery Doritos® Double Decker® Taco | 320 | 120 | 13 | 5 | 0 | 25 | 770 | 36 | 7 | 2 | 14 |
| Fiery Doritos® Locos Taco | 170 | 90 | 10 | 3.5 | 0 | 25 | 380 | 13 | 3 | <1 | 8 |
| Fiery Doritos® Locos Taco Supreme® | 190 | 100 | 11 | 4.5 | 0 | 30 | 400 | 15 | 3 | 2 | 8 |
| Grilled Steak Soft Taco | 200 | 80 | 9 | 3.5 | 0 | 30 | 520 | 17 | 1 | 2 | 12 |
| Nacho Cheese Doritos® Double Decker® Taco | 320 | 120 | 13 | 5 | 0 | 25 | 760 | 36 | 7 | 2 | 14 |
| Nacho Cheese Doritos® Locos Taco | 170 | 90 | 10 | 3.5 | 0 | 25 | 370 | 13 | 3 | 1 | 8 |
| Nacho Cheese Doritos® Locos Taco Supreme® | 190 | 100 | 11 | 4.5 | 0 | 30 | 390 | 15 | 3 | 2 | 8 |
| Soft Taco - Beef | 190 | 80 | 9 | 4 | 0 | 25 | 500 | 17 | 3 | 1 | 9 |
| Soft Taco - Chicken | 160 | 50 | 5 | 2.5 | 0 | 25 | 480 | 16 | 2 | 1 | 12 |
| Soft Taco Supreme® - Beef | 210 | 90 | 10 | 5 | 0 | 30 | 520 | 20 | 3 | 2 | 10 |
| Spicy Potato Soft Taco | 240 | 110 | 12 | 3 | 0 | 10 | 480 | 27 | 2 | 1 | 5 |

Vegetarian

Taco Bell is the first QSR restaurant to offer an American Vegetarian Association (AVA) certified vegetarian* menu.

| | | | | | | | | | | | |
|---------------------------------------|-----|-----|----|-----|-----|-----|-------|----|----|----|----|
| 7-Layer Burrito | 430 | 140 | 16 | 6 | 0 | 15 | 1,020 | 57 | 7 | 4 | 14 |
| Bean Burrito | 370 | 100 | 11 | 4 | 0 | 5 | 1,050 | 55 | 8 | 3 | 15 |
| Black Bean Burrito | 380 | 100 | 11 | 4 | 0 | 10 | 1,030 | 57 | 8 | 3 | 14 |
| Black Beans & Rice | 180 | 35 | 4 | 0 | 0 | 0 | 430 | 30 | 5 | <1 | 6 |
| Breakfast Grilled Taco - Egg & Cheese | 170 | 80 | 9 | 3 | 0 | 105 | 330 | 15 | <1 | <1 | 7 |
| Cantina Power Bowl - Veggie | 460 | 170 | 18 | 5 | 0 | 20 | 1,040 | 58 | 13 | 3 | 16 |
| Cantina Power Burrito - Veggie | 430 | 160 | 18 | 6 | 0 | 20 | 950 | 52 | 9 | 5 | 14 |
| Cheese Roll-Up | 180 | 80 | 9 | 5 | 0 | 20 | 430 | 15 | 2 | <1 | 9 |
| Cheesy Bean & Rice Burrito | 420 | 160 | 17 | 3.5 | 0 | 5 | 920 | 55 | 6 | 4 | 11 |
| Double Tostada | 270 | 100 | 11 | 4 | 0 | 15 | 650 | 32 | 7 | 2 | 12 |
| Pintos 'n Cheese | 190 | 60 | 7 | 3 | 0 | 10 | 670 | 21 | 6 | <1 | 11 |
| Quesadilla - Cheese | 460 | 230 | 26 | 11 | 0.5 | 50 | 980 | 37 | 4 | 3 | 19 |

Fountain Beverages (16 oz)

| | | | | | | | | | | | |
|--|-----|---|---|---|---|---|-----|----|---|----|---|
| Brisk® Iced Tea and Lemonade | 80 | 0 | 0 | 0 | 0 | 0 | 50 | 22 | 0 | 22 | 0 |
| Brisk® Mango Iced Tea | 100 | 0 | 0 | 0 | 0 | 0 | 50 | 26 | 0 | 26 | 0 |
| Diet Mountain Dew® | 0 | 0 | 0 | 0 | 0 | 0 | 80 | 0 | 0 | 0 | 0 |
| Diet Mountain Dew® Baja Blast™ | 0 | 0 | 0 | 0 | 0 | 0 | 70 | 0 | 0 | 0 | 0 |
| Diet Pepsi® | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 0 | 0 | 0 | 0 |
| Dr. Pepper® | 200 | 0 | 0 | 0 | 0 | 0 | 80 | 53 | 0 | 51 | 0 |
| Lipton® Brewed Sweetened Iced Tea | 140 | 0 | 0 | 0 | 0 | 0 | 60 | 40 | 0 | 38 | 0 |
| Lipton® Brewed Unsweetened Iced Tea | 0 | 0 | 0 | 0 | 0 | 0 | 60 | 0 | 0 | 0 | 0 |
| Manzanita Sol | 220 | 0 | 0 | 0 | 0 | 0 | 50 | 58 | 0 | 56 | 0 |
| Mountain Dew® | 220 | 0 | 0 | 0 | 0 | 0 | 70 | 58 | 0 | 58 | 0 |
| Mountain Dew® Baja Blast™ | 220 | 0 | 0 | 0 | 0 | 0 | 60 | 58 | 0 | 58 | 0 |
| Mountain Dew® Kickstart™ Orange Citrus | 80 | 0 | 0 | 0 | 0 | 0 | 70 | 22 | 0 | 20 | 0 |
| Mountain Dew® Sangrita Blast™ | 220 | 0 | 0 | 0 | 0 | 0 | 110 | 60 | 0 | 60 | 0 |
| Mug® Root Beer | 200 | 0 | 0 | 0 | 0 | 0 | 30 | 52 | 0 | 52 | 0 |
| Pepsi® | 200 | 0 | 0 | 0 | 0 | 0 | 40 | 56 | 0 | 56 | 0 |
| Sierra Mist® | 200 | 0 | 0 | 0 | 0 | 0 | 40 | 54 | 0 | 54 | 0 |
| Tropicana® Pink Lemonade | 200 | 0 | 0 | 0 | 0 | 0 | 210 | 54 | 0 | 54 | 0 |

Fountain Beverages (20 oz)

| | | | | | | | | | | | |
|-------------------------------------|-----|---|---|---|---|---|-----|----|---|----|---|
| Brisk® Iced Tea and Lemonade | 100 | 0 | 0 | 0 | 0 | 0 | 65 | 28 | 0 | 28 | 0 |
| Brisk® Mango Iced Tea | 130 | 0 | 0 | 0 | 0 | 0 | 65 | 33 | 0 | 33 | 0 |
| Diet Mountain Dew® | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 0 | 0 | 0 | 0 |
| Diet Mountain Dew® Baja Blast™ | 0 | 0 | 0 | 0 | 0 | 0 | 90 | 0 | 0 | 0 | 0 |
| Diet Pepsi® | 0 | 0 | 0 | 0 | 0 | 0 | 65 | 0 | 0 | 0 | 0 |
| Dr. Pepper® | 250 | 0 | 0 | 0 | 0 | 0 | 100 | 66 | 0 | 64 | 0 |
| Lipton® Brewed Sweetened Iced Tea | 180 | 0 | 0 | 0 | 0 | 0 | 75 | 50 | 0 | 48 | 0 |
| Lipton® Brewed Unsweetened Iced Tea | 0 | 0 | 0 | 0 | 0 | 0 | 75 | 0 | 0 | 0 | 0 |
| Manzanita Sol | 280 | 0 | 0 | 0 | 0 | 0 | 65 | 73 | 0 | 70 | 0 |

| | | | | | | | | | | | |
|--|-----|---|---|---|---|---|-----|----|---|----|---|
| Mountain Dew® | 280 | 0 | 0 | 0 | 0 | 0 | 90 | 73 | 0 | 73 | 0 |
| Mountain Dew® Baja Blast™ | 280 | 0 | 0 | 0 | 0 | 0 | 75 | 73 | 0 | 73 | 0 |
| Mountain Dew® Kickstart™ Orange Citrus | 100 | 0 | 0 | 0 | 0 | 0 | 90 | 28 | 0 | 25 | 0 |
| Mountain Dew® Sangrita Blast™ | 280 | 0 | 0 | 0 | 0 | 0 | 140 | 75 | 0 | 75 | 0 |
| Mug® Root Beer | 250 | 0 | 0 | 0 | 0 | 0 | 40 | 65 | 0 | 65 | 0 |
| Pepsi® | 250 | 0 | 0 | 0 | 0 | 0 | 50 | 70 | 0 | 70 | 0 |
| Sierra Mist® | 250 | 0 | 0 | 0 | 0 | 0 | 50 | 68 | 0 | 68 | 0 |
| Tropicana® Pink Lemonade | 250 | 0 | 0 | 0 | 0 | 0 | 260 | 68 | 0 | 68 | 0 |

Fountain Beverages (30 oz)

| | | | | | | | | | | | |
|--|-----|---|---|---|---|---|-----|-----|---|-----|---|
| Brisk® Iced Tea and Lemonade | 150 | 0 | 0 | 0 | 0 | 0 | 95 | 41 | 0 | 41 | 0 |
| Brisk® Mango Iced Tea | 190 | 0 | 0 | 0 | 0 | 0 | 95 | 49 | 0 | 49 | 0 |
| Diet Mountain Dew® | 0 | 0 | 0 | 0 | 0 | 0 | 150 | 0 | 0 | 0 | 0 |
| Diet Mountain Dew® Baja Blast™ | 0 | 0 | 0 | 0 | 0 | 0 | 130 | 0 | 0 | 0 | 0 |
| Diet Pepsi® | 0 | 0 | 0 | 0 | 0 | 0 | 95 | 0 | 0 | 0 | 0 |
| Dr. Pepper® | 380 | 0 | 0 | 0 | 0 | 0 | 150 | 99 | 0 | 96 | 0 |
| Lipton® Brewed Sweetened Iced Tea | 260 | 0 | 0 | 0 | 0 | 0 | 115 | 75 | 0 | 71 | 0 |
| Lipton® Brewed Unsweetened Iced Tea | 0 | 0 | 0 | 0 | 0 | 0 | 115 | 0 | 0 | 0 | 0 |
| Manzanita Sol | 410 | 0 | 0 | 0 | 0 | 0 | 95 | 109 | 0 | 105 | 0 |
| Mountain Dew® | 410 | 0 | 0 | 0 | 0 | 0 | 130 | 109 | 0 | 109 | 0 |
| Mountain Dew® Baja Blast™ | 410 | 0 | 0 | 0 | 0 | 0 | 115 | 109 | 0 | 109 | 0 |
| Mountain Dew® Kickstart™ Orange Citrus | 150 | 0 | 0 | 0 | 0 | 0 | 130 | 41 | 0 | 38 | 0 |
| Mountain Dew® Sangrita Blast™ | 410 | 0 | 0 | 0 | 0 | 0 | 210 | 113 | 0 | 113 | 0 |
| Mug® Root Beer | 380 | 0 | 0 | 0 | 0 | 0 | 55 | 98 | 0 | 98 | 0 |
| Pepsi® | 380 | 0 | 0 | 0 | 0 | 0 | 75 | 105 | 0 | 105 | 0 |
| Sierra Mist® | 380 | 0 | 0 | 0 | 0 | 0 | 75 | 101 | 0 | 101 | 0 |
| Tropicana® Pink Lemonade | 380 | 0 | 0 | 0 | 0 | 0 | 390 | 101 | 0 | 101 | 0 |

Fountain Beverages (40 oz)

| | | | | | | | | | | | |
|--|-----|---|---|---|---|---|-----|-----|---|-----|---|
| Brisk® Iced Tea and Lemonade | 200 | 0 | 0 | 0 | 0 | 0 | 125 | 55 | 0 | 55 | 0 |
| Brisk® Mango Iced Tea | 250 | 0 | 0 | 0 | 0 | 0 | 125 | 65 | 0 | 65 | 0 |
| Diet Mountain Dew® | 0 | 0 | 0 | 0 | 0 | 0 | 200 | 0 | 0 | 0 | 0 |
| Diet Mountain Dew® Baja Blast™ | 0 | 0 | 0 | 0 | 0 | 0 | 180 | 0 | 0 | 0 | 0 |
| Diet Pepsi® | 0 | 0 | 0 | 0 | 0 | 0 | 125 | 0 | 0 | 0 | 0 |
| Dr. Pepper® | 500 | 0 | 0 | 0 | 0 | 0 | 200 | 132 | 0 | 128 | 0 |
| Lipton® Brewed Sweetened Iced Tea | 350 | 0 | 0 | 0 | 0 | 0 | 150 | 100 | 0 | 95 | 0 |
| Lipton® Brewed Unsweetened Iced Tea | 0 | 0 | 0 | 0 | 0 | 0 | 150 | 0 | 0 | 0 | 0 |
| Manzanita Sol | 550 | 0 | 0 | 0 | 0 | 0 | 125 | 145 | 0 | 140 | 0 |
| Mountain Dew® | 550 | 0 | 0 | 0 | 0 | 0 | 180 | 145 | 0 | 145 | 0 |
| Mountain Dew® Baja Blast™ | 550 | 0 | 0 | 0 | 0 | 0 | 150 | 145 | 0 | 145 | 0 |
| Mountain Dew® Kickstart™ Orange Citrus | 200 | 0 | 0 | 0 | 0 | 0 | 180 | 55 | 0 | 50 | 0 |
| Mountain Dew® Sangrita Blast™ | 550 | 0 | 0 | 0 | 0 | 0 | 280 | 150 | 0 | 150 | 0 |
| Mug® Root Beer | 500 | 0 | 0 | 0 | 0 | 0 | 75 | 130 | 0 | 130 | 0 |
| Pepsi® | 500 | 0 | 0 | 0 | 0 | 0 | 100 | 140 | 0 | 140 | 0 |

| | | | | | | | | | | | | |
|--------------------------|-----|---|---|---|---|---|---|-----|-----|---|-----|---|
| Sierra Mist® | 500 | 0 | 0 | 0 | 0 | 0 | 0 | 100 | 135 | 0 | 135 | 0 |
| Tropicana® Pink Lemonade | 500 | 0 | 0 | 0 | 0 | 0 | 0 | 530 | 135 | 0 | 135 | 0 |

Hot Sauce Packets

| | | | | | | | | | | | | |
|----------------------------|---|---|---|---|---|---|---|-----|----|---|----|---|
| Border Sauce - Fire | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 60 | 0 | 0 | 0 | 0 |
| Border Sauce - Hot | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 |
| Border Sauce - Mild | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 35 | 0 | 0 | 0 | 0 |
| Border Sauce - Salsa Verde | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 70 | <1 | 0 | 0 | 0 |
| Salsa Del Sol | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 150 | 2 | 0 | <1 | 0 |

Last Updated: 03/23/2016

Ingredient Statement Key:

C = Color added

VC = Vegetable color added

PF = Protects flavor

P = Preservative

Prepared in house in canola oil (with tBHQ antioxidant and citric acid to protect flavor)



Menu data is based on current U.S. formulations (based on zero grams trans fat canola frying oil) as of the date posted. Product formulations and nutritional values may differ for Taco Bell® Express and "multi-brand" (Kentucky Fried Chicken®/Taco Bell®, Taco Bell®/Pizza Hut®, and Taco Bell®/Long John Silver's®) menu items that may be based on a different type of oil, and for products outside the continental U.S. Although this data is based on standard portion guidelines, variation can be expected due to seasonal influences, minor differences in product assembly per restaurant and other factors. Product formulations and/or ingredient changes may occur before www.tacobell.com is updated. Substitution of ingredients may alter nutritional values. Menu items and hours of availability may vary by location. Regional menu items are available only at participating locations. Except for Taco Bell® Express, multi-brand menu items, limited time offerings, and test market menu items, single-brand menu products as of the date posted are included in this Nutrition Guide. [Full Disclaimer]