



Allergen Quick Reference Guide

Chick-fil-A®'s Quick Reference Guide lists each menu item according to the Food and Drug Administration's (FDA) major food allergens: milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and soybeans. Chick-fil-A® cooks in 100% refined peanut oil. According to the FDA, highly refined oils such as highly refined soybean and peanut oil are not considered major food allergens and therefore are not listed here. Please consult the ingredients of each product prior to consuming. Please note that we prepare our foods following procedures to prevent allergen cross-contamination, but our products containing wheat, egg, soy and dairy are made in the same Kitchen.

BREAKFAST

ALLERGENS

Bacon Platter	 DAIRY	 WHEAT	 SOY	 EGG
Bacon, Egg & Cheese Biscuit	 DAIRY	 WHEAT	 SOY	 EGG
Biscuit	 DAIRY	 WHEAT	 SOY	
Chicken Platter	 DAIRY	 WHEAT	 SOY	 EGG
Chicken, Egg & Cheese on Sunflower Multigrain Bagel	 DAIRY	 WHEAT	 SOY	 EGG
Chick-fil-A® Breakfast Burrito (Chicken or Sausage)	 DAIRY	 WHEAT	 SOY	 EGG
Chick-fil-A® Chicken Biscuit	 DAIRY	 WHEAT	 SOY	 EGG
Chick-fil-A Chick-n-Minis™	 DAIRY	 WHEAT	 SOY	 EGG
Chick-fil-A® Spicy Chicken Biscuit	 DAIRY	 WHEAT	 SOY	 EGG
Cinnamon Cluster	 DAIRY	 WHEAT	 SOY	 EGG
Hashbrowns				

BREAKFAST

ALLERGENS

Multigrain Oatmeal



Multigrain Oatmeal with Toppings



Sausage Biscuit



Sausage, Egg & Cheese Biscuit



Greek Yogurt Parfait



CLASSICS

ALLERGENS

Chick-fil-A® Chicken Deluxe Sandwich



Chick-fil-A® Nuggets



Chick-fil-A® Chicken Salad Sandwich



Chick-fil-A Chick-n-Strips®



Chick-fil-A® Grilled Chicken Club Sandwich



Chick-fil-A® Grilled Chicken Sandwich



Chick-fil-A® Grilled Nuggets

Chick-fil-A® Chicken Sandwich



CLASSICS

ALLERGENS

Chick-fil-A® Spicy Chicken Sandwich



Chick-fil-A® Spicy Chicken Deluxe Sandwich



COOL WRAP

ALLERGENS

Grilled Chicken Cool Wrap®



DESSERTS

ALLERGENS

Chick-fil-A® Frosted Lemonade*



Chick-fil-A® Diet Frosted Lemonade*



Chocolate Chunk Cookie



Chocolate Milkshake*



Cookies & Cream Milkshake



Icedream® Cone



Icedream® Cup



Strawberry Milkshake*



Vanilla Milkshake*



* - Please note these items are made using the same equipment as our Cookies & Cream Milkshake (which contains wheat and soy ingredients), and therefore may contain wheat and soy through cross-contamination.

DRESSINGS & SAUCES

ALLERGENS

Avocado Lime Ranch Dressing



Barbecue Sauce

Buttermilk Ranch Sauce



Chick-fil-A® Buffalo Sauce



Chick-fil-A® Sauce



Chili Lime Vinaigrette Dressing

Creamy Salsa Dressing



Fat Free Honey Mustard Dressing

Garlic & Herb Ranch Dressing



Honey Mustard Sauce

Honey Roasted BBQ Sauce



Light Italian Dressing

Light Balsamic Vinaigrette

DRESSINGS & SAUCES

ALLERGENS

Polynesian Sauce

Zesty Apple Cider Vinaigrette Dressing

KID'S MEAL

ALLERGENS

Chick-fil-A® Nuggets



Chick-fil-A Chick-n-Strips®



Chick-fil-A® Grilled Nuggets

Chick-fil-A Waffle Potato Fries®

Chocolate Milk



Cinnamon Apple Sauce (Buddy Fruits®)

Fruit Cup

Milk



Honest Kids® Appley Ever After Juice

SALADS

ALLERGENS

Charred Tomato Crispy Red Bell Peppers



Chick-fil-A® Cobb Salad



Chick-fil-A® Market Salad



Chick-fil-A® Spicy Southwest Salad



Chili Lime Pepitas

Harvest Nut Granola



Roasted Nut Blend



Seasoned Tortilla Strips



SIDES

ALLERGENS

Chicken Salad Cup



Chick-fil-A Waffle Potato Fries®

Superfood Side*



Fruit Cup

Hearty Breast of Chicken Soup



Side Salad



* - Does not include Roasted Nut Blend