



# Allergen Information

	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Treenuts	Wheat
<b>CHARBROILED BURGERS</b>								
Famous Star®	x							x
Famous Star® with Cheese	x		x			x		x
Super Star®	x							x
Super Star® with Cheese	x		x			x		x
Western Bacon Cheeseburger®			x			x		x
Double Western Bacon Cheeseburger®			x			x		x
Teriyaki Burger™	x		x			x		x
The Big Carl®	x		x			x		x
All-Natural Burger (Single)	x		x			x		x
All-Natural Burger (Double)	x		x			x		x
The 1/3 lb. Original Six Dollar Thickburger®	x		x			x		x
The 1/2 lb. Original Six Dollar Thickburger®	x		x			x		x
The 1/3 lb. Guacamole Bacon Thickburger®	x		x			x		x
The 1/2 lb. Guacamole Bacon Thickburger®	x		x			x		x
The 1/3 lb. Super Bacon Thickburger®	x		x			x		x
The 1/2 lb. Super Bacon Thickburger®	x		x			x		x
The 1/3 lb. Low Carb Thickburger®	x		x			x		
The 1/2 lb. Low Carb Thickburger®	x		x			x		
The 1/3 lb. Thickburger® El Diablo	x		x			x		x
The 1/2 lb. Thickburger® El Diablo	x		x			x		x
Big Hamburger								x
Kid's® Hamburger								x
Kid's® Cheeseburger			x			x		x
<b>CHARBROILED TURKEY BURGERS</b>								
Turkey Burger	x							x
Teriyaki Turkey Burger			x			x		x
Jalapeno Turkey Burger	x		x			x		x
<b>CHICKEN &amp; OTHER CHOICES</b>								
Charbroiled Chicken Club™ Sandwich	x	x	x			x		x
Charbroiled Santa Fe Chicken™ Sandwich	x	x	x			x		x
Charbroiled BBQ Chicken™ Sandwich		x				x		x
Beer Battered Cod Fish Sandwich	x	x						x
Big Chicken Fillet Sandwich	x		x			x		x
Bacon Swiss Crispy® Chicken Sandwich	x		x			x		x
Hand Breaded Chicken Tenders™	x		x					x
Spicy Chicken Sandwich	x		x			x		x
Chicken Stars™	x		x			x		x
<b>SIDES</b>								
Natural Cut Fries								
CrissCut® Fries								x
Onion Rings			x					x
Fried Zucchini			x					x
Jalapeno Poppers®			x					x
<b>SALADS - WITHOUT DRESSINGS</b>								
Charbroiled Chicken Salad		x	x			x		x
Garden Side Salad			x			x		x
<b>SALAD DRESSINGS &amp; DIPPING SAUCES</b>								
House Dressing	x		x					
Blue Cheese Dressing	x		x					
Low Fat Balsamic Vinaigrette Dressing								
Sweet & Bold BBQ Dipping Sauce								
Buttermilk Ranch Dipping Sauce	x		x					
Honey Mustard Dipping Sauce	x							
Spicy Buffalo Dipping Sauce								
<b>BREAKFAST</b>								
Breakfast Burger™	x		x			x		x
Grilled Cheese Breakfast Sandwich (Ham)	x		x			x		x
Grilled Cheese Breakfast Sandwich (Sausage)	x		x			x		x
Grilled Cheese Breakfast Sandwich (Bacon)	x		x			x		x
Steak & Egg Burrito	x		x			x		x
Loaded Breakfast Burrito	x		x			x		x
Big Country® Breakfast Burrito	x		x			x		x
Bacon and Egg Burrito	x		x			x		x
Hash Brown Nuggets								x
Sausage, Egg & Cheese Biscuit	x		x			x		x
Bacon, Egg & Cheese Biscuit	x		x			x		x
Monster Biscuit®	x		x			x		x
Biscuit 'N' Gravy™			x			x		x
Made from Scratch Biscuit™			x			x		x
<b>DESSERTS</b>								
Chocolate Chip Cookie	x		x			x		x
Strawberry Swirl Cheesecake	x		x			x		x
Chocolate Cake	x		x			x		x
<b>HAND-SCOOPED ICE CREAM SHAKES &amp; MALTS™*</b>								
Vanilla Shake			x	*See note			*See note	
Chocolate Shake			x	*See note			*See note	
Strawberry Shake			x	*See note			*See note	
OREO® Cookie Shake			x	*See note		x	*See note	x
Vanilla Malt			x	*See note			*See note	x
Chocolate Malt			x	*See note			*See note	x
Strawberry Malt			x	*See note			*See note	x
OREO® Cookie Malt			x	*See note		x	*See note	x

The information contained in this guide is based on standard U.S. product formulations and discloses the 8 principal allergens identified by the FDA, and comes from reports from our suppliers or from "as served" testing by accredited laboratories. For complete ingredient information, refer to the "Ingredients" pdf on our website. Variations may occur due to a variety of factors and circumstances including, but not limited to, differences in suppliers, ingredient substitutions, recipe revisions, product assembly and seasonal variances. Product participation may vary by location and test products are not included.

The information in this guide is reported for informational purposes only. We (including our franchisees, and our and their parents, subsidiaries, affiliates, suppliers and vendors) are not responsible for sensitivity or allergy to any food product or ingredient provided by or in our restaurants. We do not have an allergen free cooking environment in our kitchens. All products are prepared in the same kitchen area.

Anyone with any food sensitivities, allergies, special dietary needs or specific dietary inquiries or concerns should consult a medical professional of his/her own selection regarding the suitability of our food products and/or ingredients, and should regularly review the information contained at our website for content updates.

This information is current as of August 21, 2015. We update this information from time to time to reflect changes in our products. If you have any questions about our menu and/or ingredients, please contact us at: (877)799-STAR (7827).



# Allergen Information

	Egg	Fish	Milk	Peanuts	Shellfish	Soybeans	Treenuts	Wheat
<b>TACOS</b>								
Street Taco - Chicken						X		X
Street Taco - Steak						X		
Hard Taco - Beef			X					X
Southwest Chicken Soft Taco	X		X			X		X
<b>BURRITOS</b>								
Burrito California - Chicken			X			X		X
Burrito California - Steak			X			X		X
Burrito Mexicano - Chicken			X			X		X
Burrito Mexicano - Steak			X			X		X
Burrito Especial - Chicken			X			X		X
Burrito Especial - Steak			X			X		X
Beef, Bean & Cheese Burrito			X					X
Bean & Cheese Burrito			X					X
<b>SPECIALITIES</b>								
Chicken Taquitos			X			X		X
Super Nachos - Beef			X					X
Super Nachos - Chicken			X			X		X
Super Nachos - Steak			X			X		
Taco Salad - Beef			X					X
Taco Salad - Chicken			X			X		X
Taco Salad - Steak			X			X		X
Quesadilla - Cheese	X		X					X
Quesadilla - Chicken	X		X			X		X
Quesadilla - Steak	X		X			X		X
<b>SIDES</b>								
Side of Beans			X					
Chips								
Guacamole								

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The information on this chart is reported for informational purposes only by Carl's Jr. Restaurants LLC. Neither Carl's Jr., its franchisees, its suppliers and/or vendors, or its employees assume any responsibility for sensitivity or allergy to any food product provided in our restaurants. We do not have an allergen free cooking environment. All products are prepared in the same kitchen area. Anyone with food sensitivities, allergies, or special dietary needs should consult a medical professional regarding the suitability of our food products, and should regularly review the information contained at [www.carlsjr.com](http://www.carlsjr.com) for content updates.

If you have specific questions about our menu, call 1-877-799-STAR.